**Individual Development Plan**

Mentor: Mentee: Date:

**Domain: Teaching**

Goals:

Strengths:

Obstacles:

Ideas/Questions:

**Domain: Research Writing, Publishing, Presenting**

Goals:

Strengths:

Obstacles:

Ideas/Questions:

**Domain: Research Analysis**

Goals:

Strengths:

Obstacles:

Ideas/Questions:

**Domain: Research Design/Implementation**

Goals:

Strengths:

Obstacles:

Ideas/Questions:

**Domain: Service/Broader Impact**

Goals:

Strengths:

Obstacles:

Ideas/Questions:

**Domain: Personal Development, Work Habits, Work-Life Balance**

Goals:

Strengths:

Obstacles:

Ideas/Questions:

**Domain: Professional Development, Networking, Additional Mentors or Skills Training**

Goals:

Strengths:

Obstacles:

Ideas/Questions: